



Funded by
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D.3.4 - Project platform

Practical Learning to Advance Youngsters in Sport



<http://theplatform.playsproject.eu/>

The consortium:



Coordinator:
Ovidius University of Constanta, Romania



**European Culture and Sport Organization,
Italy**



**Verde Foundation,
Poland**



**Portuguese Swimming Federation,
Portugal**



**Nova Child,
France**



**Asociatia CPDIS,
Romania**



**International Workers
and Amateurs in Sports Confederation,
Austria**



**SSNB - Sportservice Noord-Brabant,
Netherlands**



**Associazione Italiana Cultura e Sport,
Italy**



Discover the Innovative Approach to Fitness and Well-Being

An EU-funded Erasmus+ project promotes sports and physical activity for 6-12 year olds through a fun, science-based action plan and training program, aiding parents and educators in enhancing youth well-being.

[Find your GUIDE](#)[Forum](#)

The opening page of the platform invites those who access it to browse the pages of the PLAYS guide, in a playful, colorful and very handy form.

On this page we discover at the top several possibilities to find out information about how and what physical activities children aged 6-12 should practice so that they can spend their time in a way that contributes to their well-being and a harmonious physical and mental development.



Last Added PDF Guides

All GUIDES

We are a TEAM

Let's talk! - Forum

PLAYS for Sports Clubs


Do you want to PLAYs?


Ready for a burst of fun and fitness? Check out our lively video about the Erasmus+ project, where science and play fuse to transform youth health and happiness.




In the middle, also on the opening page, you will be able to watch a video about the Erasmus+ project, where science and play come together to transform the health and happiness of young people.






theplatform.playsproject.eu/community/ 

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 Practical Learning to Advance Youngsters in Sport




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Let's Talk! - Forum PLAYS





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PLAYS Platform Forum

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	 Test Topic of Forum By Adam Jerzykowski , 6 days ago			0	0	 By Adam Jerzykows... 6 days ago

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In the section Let's Talk! - PLAYS Forum, whoever accesses the platform can ask questions and chat with other members registered in the PLAYS project platform.

At the bottom of the opening page there are several categories of the PLAYS guide, or whoever accesses the page can search for what they want by simply activating the FIND YOUR GUIDE button

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GUIDES

Innovative Approach to Fitness

Do you want to **PLAYs**?

[FIND YOUR GUIDES](#)

[FORUM](#)

PLATFORM	GUIDES	CATEGORIES
 <small>Practical Learning to Advance Youngsters in Sport</small>	Active Listening	Fair Play
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	Body Awareness	Physical Strength
	Cognitive Skills	Problem Solving
	Communication Skills	Social Skills
	Coordination	Time Management

On the left side of the page with the sections of the PLAYS Guide there are filters that can be used to select the desired criteria.

By simply activating the FIND MORE button, those accessing the platform will be able to download 1 of the 30 sections of the PLAYS Guide.



Guides Filters

Who are you?
 COACH (22)
 PARENT (19)
 TEACHER / EDUCATOR (27)

DO YOU REQUIRE SOME SPECIAL EQUIPMENT?
 NO (17)
 YES (13)

INDOORS OR OUTDOORS
 BOTH (24)
 INDOORS (29)
 OUTDOORS (25)

AN ACTIVITY FOR A SINGLE CHILD OR A GROUP?
 BOTH (10)
 GROUP (29)
 SINGLE CHILD (11)

WHAT DO YOU WANT TO DEVELOP?
 Active Listening (6)
 Balance (12)
 Body Awareness (12)
 Cognitive Skills (16)
 Communication Skills (23)
 Coordination (12)
 Fair Play (14)
 Leadership (5)
 Physical Strength (13)
 Problem Solving (12)
 Social Skills (25)
 Time Management (3)

Guide 1. Active Colours
[Read more](#)

Guide 10. Collaborative Treasure Hunt
[Read more](#)

Guide 11. Exergames
[Read more](#)

Guide 12. Wearable
[Read more](#)

Guide 13. SmartCities for Children
[Read more](#)

Guide 14. Invent a sports movement
[Read more](#)

Guide 15. Elevator Pitch
[Read more](#)

Guide 16. 100 Uses for a Ball
[Read more](#)

Guide 17. Improvise to Solve the Problem
[Read more](#)

Guide 18. TEDx Talks
[Read more](#)

Guide 19. Theatre Play
[Read more](#)

Guide 2. Math Challenge
[Read more](#)

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PLAYS
 #10
 Collaborative Treasure Hunt
 TEAMWORK SKILLS

The objective of this game is to foster teamwork, communication, and problem-solving.

[Download this File](#)

You do not need to be logged in to download this file.
 The entire platform is completely free.

The goal of this game is to promote teamwork, effective communication, problem solving and critical thinking as children are engaging in the search for treasure.

Additional information

SINGLE CHILD OR A GROUP?	GROUP
WHAT DO YOU WANT TO DEVELOP?	Cognitive Skills, Communication Skills, Fair Play, Problem Solving, Social Skills
WHERE DO YOU TRAIN?	OUTDOORS
WHO ARE YOU?	COACH, PARENT, TEACHER / EDUCATOR
SPECIAL EQUIPMENT?	NO

You do not need to be logged in to download this file.
 The entire platform is completely free

With the help of this platform we try to achieve the specific objectives of the project such as:

The digital dimension will be a focal point of the project, since it will be developed a dedicated platform on the project website aimed at TEAM members, parents and all stakeholders, and it will be implemented educational activities for children and youngsters involved.

To promote skills and knowledge among TEAM members and parents on how to develop physical, mental and social skills of children through sport.

To foster transnational collaborations and cultural exchanges at EU level by cooperating to achieve crucial outcomes and raise the perfect athletes of tomorrow in the context of a broad European cultural dimension fostering exchanges and geographical interactions.

Indicators	Baseline values	Target values
Number of interactions on the platform	300	600
Number of downloads	200	400

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The PLAYS platform is an educational project currently in the verification and upload stage.



This initiative benefits from the significant contributions of the 9 partners involved, their experience bringing added value to the content of the platform.



The content, although constantly evolving, is based on the knowledge and experience of our partners, reflecting the latest trends and developments in the field of sports activities. It is important to emphasize that every detail is carefully checked and uploaded to ensure that it perfectly aligns with the specific educational objectives of the PLAYS project;.



The PLAYS platform is focused on providing a relevant educational experience, and the quality of its content is critical to achieving this goal. Although the finalization process is still ongoing, current and topical content reflects our commitment to excellence.

**We are convinced that the PLAYS platform will
become an essential tool for training and
development.**